



PRESS RELEASE

Eric Crosslin
City of Wichita Falls
Public Information Office

October 8, 2019

Health District Offering Quit Tobacco Course

The Centers for Disease Control and Prevention (CDC) distributed a health advisory on August 30, 2019, due to an increase in cases of severe pulmonary illnesses among people who vape. Public health region 2/3, which includes Wichita County, has the highest number of vaping-associated severe lung disease in Texas. One recommendation from the CDC is to quit using the vape device or ENDS (electronic nicotine delivery system).

The Wichita Falls-Wichita County Public Health District is offering a Quit Tobacco course starting on October 15th, 2019. The classes will be held from noon-1 pm and a 5:30 pm-6:30 pm class. Each participant must attend all four classes to complete the course.

To sign up for the free course or to find out more information, contact Amanda Kennedy at 940-761-7840 or Amanda.kennedy@wichitafallstx.gov. You can also visit livewellwichitacounty.com and search for Tobacco Resources.