



WICHITA FALLS
PARKS & RECREATION

Fall & Winter 2018 Brochure



Wichita Falls
TEXAS

Parks & Recreation

WICHITA FALLS PARKS & RECREATION
10TH & INDIANA
940-761-7490
WWW.WICHITAFALLSTX.GOV



WELCOME TO OUR FALL/WINTER 2018 RECREATION BROCHURE

Your Parks & Recreation Department is a public service, non-discriminatory entity striving to provide leisure needs for our community. We offer a variety of programs for all ages ranging from dance to fitness, dog obedience, adult athletics, special events, senior-adult activities, and more!

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Wichita Falls Parks & Recreation Center
600 11th St. Room 209 • 940-761-7490
www.wichitafallstx.gov/25/Parks-and-Recreation



Special Events

FALL OUTDOOR CONCERT SERIES – FREE

Welcome to the 2018 Parks & Recreation FREE Fall Outdoor Concert Series. Performances occur every other Tuesday during September and October, from 7:00 p.m. - 8:30 p.m. Bring your lawn chair or blanket, sit back, and enjoy an evening of great music and socializing. Concerts are presented by area musicians and offer a variety of music genres. Come out and join the fun with your family and friends, support our local talent and your Parks & Recreation Department.

LINE-UP

September 4th – Zoltan and The Fortune Tellers (8th St. & Ohio)

September 18th – Walkin' Johnny (Bud Daniel Park)

October 2nd – All Funk Radio Show (8th St. & Ohio)

October 16th – Ken Nelson Jazz Band (South Weeks Park)

STROLL 'N ROLL – RECREATION DIVISION'S OPEN HOUSE – FREE

When: Saturday, September 8th

Time: 10:00 a.m. - 4:00 p.m.

Where: Wichita Falls Public Library - 600 11th Street (trolley pick-up)

The Recreation Division is excited to be hosting our open house in conjunction with Stroll 'n Roll. We would like to invite the community to come take a tour of the recreation center and meet our instructors. We will be handing out information about special events, recreation classes, amateur athletics and the 50+ Zone.

Other activities include: instructor demonstrations, giveaways, raffle drawings, karaoke sessions, line dancing demonstrations, performances, and refreshments.

Along with the Recreation Center, this year's event features galleries, museums, local businesses, attractions and historical sites.

The Wichita Falls Public Library & the Recreation Center will be the main pick-up location for the Trolley Shuttles. Come join the fun! Stroll the down town area or take the trolley to one of the many exciting locations participating in this event.



PUNT, PASS & KICK - FREE

Sunday, September 23rd

Ages: 8 - 15 (With Birth Certificate)

Time: 1:30 p.m.

Location: Memorial Stadium

CHEERLEADING CLINIC & CONTEST - FREE

Age Groups: Tiny Tots - 1st & 2nd Grade

Pee Wees - 3rd & 4th Grade

Midgets - 5th & 6th Grade

Come and let the MSU Cheerleading squad teach you pyramids, stunts, tumbling, cheers, chants and more. Teams can use what they have learned to compete for trophies. Teams can use one of their own routines and **MUST** use one learned routine. You will be limited to two routines **ONLY**: cheers, chants or a brief dance. Teams should bring their own tape or CD and player. Competition for teams only; 1st and 2nd place team trophy in each age group. Please note changes in age division and team trophies.

When: Sunday, October 7th

Time: 2:00 p.m. – 4:00 p.m.

Registration: 1:15 p.m. - 1:55 p.m. (on site)

Where: Memorial Stadium

Conducted by: MSU Cheerleading Squad

HALLOWEEN IN THE PARK – NOW FREE

When: Saturday, October 20th

Time: 5:00 p.m. – 8:00 p.m.

Where: Lucy Park

COSTUME PARADE & CONTEST - FREE

Ages: All ages, groups or individuals

Registration: 4:30 p.m. - 5:00 p.m.

Where: Lucy Park Log Cabin

Parade: 5:00 p.m. - 5:30 p.m.

Judging: 5:45 p.m. sharp

(13 awards will be presented. Groups constitute one entry)

PUMPKIN DECORATING CONTEST - FREE

Decorating - Not Carving

Ages: 10 & under - boys & girls

Time: 6:00 p.m. - 6:45 p.m. Decorating, Judging & Awards

(Limited number of participants. First come, first served)

GENERAL ACTIVITIES:

Bounce house, Balloon Sculptures (10 & under)

Cake Walk (Every 1/2 hour, beginning at 6:00 p.m.)

CARNIVAL GAMES:

Basketball Toss, Ring Toss, Chip Toss, Ball Bingo, Goblet Game,

Milk Bottle Game, Clinko, Mini Golf, and Horseshoes

Concession stand will be available at the event (Cash Only)



SANTA'S MAILBOX – FREE

Children can mail their letters to Santa in the colorful mailbox located next to the flagpole at the MSU Fantasy of Lights. Send a self-addressed, stamped envelope with your letter to Santa, and he will personally answer each letter.

When: November 16th - December 14th

Where: MSU Fantasy of Lights, 3400 Taft Blvd. (located next to the flagpole)

CHRISTMAS IN THE PARK – FREE

When: Saturday, December 1st

Time: 12:50 p.m. - See Santa arrive at 12:50 p.m. sharp.

Where: Scotland Park Elementary School Gym, 1415 N. 5th Street

SANTA'S GREAT CANDY CANE SCRAMBLE

Over 10,000 candy canes will be scattered over a designated area at the Scotland Park Softball Field including Prize Candy Canes!

Ages: 2yrs - 2nd grade ONLY!

Time: 1:00 p.m. sharp

Rain Date: Saturday, Dec. 8th, 2:00 p.m. for Candy Cane Scramble Only at Scotland Park

Visit with Santa indoors at the Scotland Park Gym, Enjoy Parks & Recreation Train Rides, and FREE Carnival Games for the entire family.

ANNUAL CITY LIGHTS TROLLEY TOUR

Fee: \$5 per person, 5 & under are FREE!

When: Thursday, December 6th & Thursday, December 13th

Times: 5:30 p.m. – 10:00 p.m. Time slots available every hour on the hour; last tour leaves at 9:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 202

Come ride the trolley and visit with Santa! The trip will begin with hot chocolate and cookies with Santa and will end at the same location after a trolley tour through the Fantasy of Lights & Country Club. Sign-up with your friends and family today to choose your time slot together!

Sign up at the Recreation office, 600 11th St. - Room 209 or call us at 940-761-7490.





The 50 Plus Zone is an active adult center operated and programmed by the W.F. Parks & Recreation Department, and has been providing enjoyment and activities for people ages 50 and over for 20 years! The Zone is located on the 2nd floor of the W.F. Recreation Center on the corner of 10th and Indiana (above the Wichita Falls Public Library). Being able to join the Zone is the best thing about being 50 years old or better! At only \$30 a year, a Zone membership offers so many opportunities for activity, fitness and FUN! First time visitors are welcome to tour and use the facilities one time at no charge. If you are interested in finding out about the programs that are offered call the Zone and we will mail you a newsletter. The newsletter is available online at www.wichitafallstx.gov/50pluszone and on the Zone Facebook page, 50PlusZoneofWF.

Hours of Operation: Monday – Friday; 7:30 am – 7:30 pm
(except designated holidays)

Address: 600 11th Street, Wichita Falls, TX 76301, Room 217

Phone: (940) 761-8887

SOME OF THE ACTIVITIES OFFERED:

Workout rooms, Fitness Classes, Billiard Tables, Live Band Dances, BINGO, Karaoke, Pickle Ball, Computer Classes, Texas Hold'em Poker, Stained Glass Classes, Charity Quilting Group, Bridge, painting & drawing, Table Tennis and a whole lot more. There are over 80 weekly activities to choose from.

On Facebook: 50PlusZoneofWF Like us Today to get the newsletter and all of the scheduled events.

Weekly Live Band Dances - every Friday night: The 50 Plus Zone has a variety of bands performing LIVE every Friday. The dances are open to adults of all ages. Come and dance to some of the BEST Country and Western bands in the area. Dances are held in our ballroom (Room 217) in a smoke and alcohol free environment. Complimentary snacks, soft drinks, coffee and iced tea included. For the weekly band call: (940) 761-8887

Time: 7:00 -10:00 pm

Admission: General Public - \$6 Zone Members - \$5 (with membership card)

Come for a FREE tour: Monday-Friday 7:30 am until 7:30 pm or call us at (940)761-8887.



Classes — Youth

TAEKWONDO

Instructors: Donovan Ferguson & Jessica Joplin

Class Fee: \$30 per month

Ages: 5 – 11

When: Tuesdays; 7:00 p.m. - 8:00 p.m.

Saturdays; 10:00 a.m. - 11:00 a.m.

Where: Jefferson Elementary School Gym, 4628 Mistletoe

Donovan and Jessica are Master Instructors (4th Dan Black Belts) with the World Taekwondo Federation. They have both taught with Parks & Recreation Taekwondo Program for over 8 years.

Taekwondo is the most popular martial art around the world. Students of all backgrounds practice for exercise, hobby, sport, discipline, and self-defense. This is a low impact or soft training program.

WICHITA FALLS WRESTLING ACADEMY

Instructors: Tom Lang & Mitch Fields

Class Fee: \$40 per session

Ages: 4 – 15

When: Tuesdays & Thursdays

Time: 6:00 p.m. – 7:00 p.m. & Advanced Student Training at 7:00 p.m. – 8:00 p.m.

Where: Jefferson Elementary School Gym, 4628 Mistletoe

Wrestling is a sport that challenges youth both mentally and physically. Mentally, youth learn an overview of the sport, how to score points and strategy. Physically, youth learn proper starting positions, basic and defending takedowns, escapes, reversals, and pinning combinations. Wrestling is a fun and safe sport that matches youth of similar size and age to ensure fair and competitive contests. Yes, girls are allowed to participate as well. Wrestling also teaches good sportsmanship and can transfer to other sports including football, MMA, grappling, and track and field. Come and join us! For more information, follow “Wichita Falls Wrestling Academy” on Facebook.

Summer Camp Session: Tuesdays & Thursdays; July 10 - August 2

This camp is designed for youth who have never wrestled. The camp will help youth learn and develop skills needed to wrestle a complete competitive match. Camp also provides our seasoned wrestlers with continued development of their skillsets. Our coaches evaluate all wrestlers and teach at the appropriate skill level for each wrestler, tailoring both teaching style and level. In addition to having fun, your child will learn a variety of wrestling skills and techniques: proper starting positions, basic takedowns, defending takedowns, escapes, reversals, and pinning combinations. The camp will culminate with an in-house tournament where your child will be able to demonstrate their newly developed skills in live matches.

FALL & WINTER SCHEDULE:

Session 1: Tuesdays & Thursdays; October 15th – November 29th

Session 2: Tuesdays & Thursdays; December 4th – January 10th



BEGINNING DANCE

Instructor: Mary Wetherbee

Class Fee: \$30 per month

When: Tuesdays

Where: The W.F. Recreation Center, 10th & Indiana – Room 213

In this class your child will master basic ballet skills as well as jazz skills and begin a lifelong love for dance.

Ages: 6 – 12 **Time:** 6:30 p.m. – 7:15 p.m.

YOUTH DANCE

Instructor: Kiera Simmons

Class Fee: \$25 per month

Where: The W.F. Recreation Center, 10th & Indiana – Room 212

HIP HOP & JAZZ

This Hip Hop and Jazz dance class is created especially for children 3-5 years of age. Using popular and current music, the students start learning dances and choreography quickly, as well as learning various dance elements. Basic movements will be learned and reinforced in hopes to provide a solid base for more technical skills to be learned later on. Includes two dance routines for a special recital

Ages: 3 - 5 **When:** Thursdays **Time:** 6:00 p.m. – 7:00 p.m.

TODDLER & ME: COMBINATION CLASS INCLUDING JAZZ, TAP AND PRE-BALLET

Toddler & Me dance classes are for children 18 months up to the age of 2 years. Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. Your toddler will learn pre-ballet warm up techniques, but focus their high energy on tap and jazz. This type of class includes mom or dad or another loved one participating in the class, along with their little dancer. Includes one dance for special recital

Ages: 18 months – 2 years **When:** Fridays **Time:** 6:00 p.m. – 6:30 p.m.

BALLET & TAP

This Ballet & Tap dance class is offered to children 3-5 years old. I will incorporate an even mix of the 2 types of dance over the 60-minute class time using high-energy music. Your child will be inspired to dance to familiar and fun songs; as they learn the techniques of ballet and tap. Basic movements will be learned and reinforced in hopes to provide a solid base for more technical skills to be learned later on. Includes two dance routines for a special recital

Ages: 3 - 5 **When:** Fridays **Time:** 6:45 p.m. – 7:45 p.m.



TWIRLING

Instructor: Donette Odom, USTA certified

Class Fee: \$35 per month

When: Mondays

Where: The W.F. Recreation Center, 10th & Indiana – Room 213

Twirling is a unique sport and art that requires beauty and style. In order to perform at the highest level, baton twirlers must demonstrate strength, flexibility, physical fitness and harmony in coordination with twirling their baton. All twirlers learn proper performance makeup and projection, grace and poise. Each level increases in difficulty, mastering skills, building on prior level.

Beginning - Learn basic baton handling and fundamentals to build hand-eye coordination and wrist flexibility. Basic dance techniques are introduced, including: jazz, ballet, hip-hop, country, and modern/contemporary. Twirlers will learn simple routines with emphasis on proper form and hand placement. All of which are essential to advance in their twirling skills. Ages: 3 & up Time: 5:00 p.m. - 5:30 p.m.

Intermediate – Twirlers with at least one year of experience with proficiency of basic dance techniques and fundamentals. Twirlers will build on dance techniques and learn fancy, basic and military strut, marching, leaps, kicks, turns, show and rhythmic twirl, line and feature twirling, twirlers will advance to two baton twirling, basic one and two baton tosses, ribbon streamers, hoops, and glow batons. Ages: 5 & up Time: 5:30 p.m. - 6:00 p.m.

Advanced - twirlers with 2-baton knowledge - Twirlers will learn advanced trick tosses, exchanges, and higher-level choreographed routines as well as advance to 3 baton and more. Twirlers will learn advanced choreographed routines utilizing various dance techniques. Ages: 5 & up Time: 6:00 p.m. - 6:30 p.m.

All Classes are flexible to accept students at a time that fits your schedule. Twirling is recreational and competitive. Recitals, parades, solo and ensemble competitions, talent shows and other performances are optional. Baton purchase is required after the first month's class. Specific batons are a must for optimal performance.

Twirlers may utilize their skills to become a member of a Junior High and High School twirling squad for a school district as well as receive scholarships to twirl at college. Competitive Twirlers may compete in local 4H and UIL, State, Regional, and National competitions as soloist or in an ensemble.



DRAWING & WATERCOLOR

Instructor: Cindy Lavy

Class Fee: \$30 per month

Ages: 10 & up

When: Thursdays

Time: 4:30 p.m. – 5:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215 (Art Room)

Sign up today and learn the basics of drawing and watercolor. Students will need to bring a sketchbook, color pencils, an eraser, and a clipboard (preferably plastic) and of course, bring your imagination! The class is taught by a Texas certified art teacher that is trained to teach from elementary to college level.

KIDS KNITS

Instructor: Traci Roberts

Class Fee: \$35 per month

Ages: 7 - 17

When: Tuesdays

Time: 5:30 p.m. - 6:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215 (Art Room)

Traci comes to recreation with over 12 years of knitting experience. She began by teaching herself to make dishcloths. She is passionate about discovering new types of yarn and learning new stitches. Her favorite things to create are toys and shawls.

This class will focus on learning the basics of knitting to get you started on a wide variety of projects. Basics to include: cast on, knit stitch, purl stitch and bind-off. Students will need to bring 1 set of knitting needles (size 9) and one skein of cotton yarn.



Classes – Adult

TAEKWONDO

Instructors: Donovan Ferguson and Jessica Joplin

Class Fee: \$30 per month

Ages: 11 & up

When: Tuesdays; 8:00 p.m. - 9:00 p.m. & Saturdays; 11:00 a.m. - 12:00 p.m.

Where: Jefferson Elementary School Gym, 4628 Mistletoe

Donovan and Jessica are Master Instructors (4th Dan Black Belts) with the World Taekwondo Federation. They have both taught with Parks & Recreation Taekwondo Program for over 8 years.

YOGA

Instructor: Vicki Brooks

Class Fee: \$35 per month

Ages: 16 & up

When: Mondays

Time: 6:00 p.m. - 7:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 208A

Vicki Brooks has been teaching yoga since 2009. She loves to share her knowledge of how yoga can add so much to our lives. In our hectic days, learning how to reduce stress in our bodies and our minds. To feel how yoga can strengthen the body and help with healing injuries.

This class is geared toward those who have never practiced before, or people who have been off their mats for a while. You will build strength in your core, work on increasing flexibility, challenging yourself with balance, and letting go of some of the stress in your life.



AEROBICS

Instructor: Mary Hosch

Class Fees: \$25 per month

Ages: 16 & up

When: Mondays & Thursdays

Where: The W.F. Recreation Center, 10th & Indiana - Room 201

Mary has trained in Parks & Recreation fitness programs for over 25 years, was an assistant instructor for over 10 years, and has now been a head instructor for over 14 years. Mary has been a licensed massage therapist for 12 years and is CPR and NETA certified.

Beginner Aerobics - This is a light to moderate cardio workout.

Time: 6:40 p.m. - 7:40 p.m.

Advanced Aerobics - Moderate to advanced level workout designed for higher cardio.

Time: 5:30 p.m. - 6:30 p.m.

ADULT BALLET

Instructors: Juanita Pavlick, Myrna DeAsis, and Gail White

Class Fee: \$30 per month

Ages: 16 & up

When: Wednesdays; 7:00 p.m. - 8:30 p.m. & Saturdays; 10:00 a.m. - 12:00 p.m.

Where: W.F. Recreation Center, 10th & Indiana - Room 213 (Dance Studio)

Adult Ballet is for anyone who loves to dance. This class will focus on classical ballet training and beginners are welcome. Students will have opportunities to perform their skills at various community events if they choose. Please contact instructor before first class so class will meet your skill level.



WEST COAST SWING

Instructors: Patsy Stafford and Buck Stafford

Class Fee: \$30 per person per month & \$50 per couple per month

Ages: 12 & up

When: Thursdays

Time: 6:00 p.m. – 7:00 p.m. & practice at 7:00 p.m. – 8:30 p.m.

Where: W.F. Recreation Center, 10th & Indiana - Room 216 (Ball Room)

Patsy and Buck have been competing in couples dance for over 20 years. They have taught Country Western and Swing for the past 10 years and they currently compete in West Coast Swing on the national level.

West Coast Swing is one of the most popular forms of swing to date. Instruction for this class will include beginner and intermediate levels. The beginner class will focus on all the basics and patterns needed to enjoy social couples dancing to pop, blues, country, and many other genres of music. Intermediate lessons will continue learning moves, patterns, adding technique, styling, and musicality preparation for competition. No partner required.

COUNTRY-WESTERN DANCE

Instructor: Carolyn High

Class Fee: \$35 per month

Ages: 12 & up

When: Tuesdays

Time: 7:00 p.m. – 8:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 201

July - Two Step & Waltz

August - Shuffle & East Coast Swing

September – Two Step & Waltz

October – Shuffle & East Coast Swing

November – Two Step & Waltz

December – Shuffle & East Coast Swing

During the 4 lessons conducted in the month of instruction you will learn frame, basic steps, turns, rotations and other basic to intermediate level moves as time allows. No partner required.



ADULT & TEEN DANCE CLASSES

Instructor: Courtney Robertson

Where: The W.F. Recreation Center, 10th & Indiana – Room 213

HIP HOP

This class will train students in multiple different styles inspired by Today's Hip Hop and Pop music. Beginning with an elemental warm-up and stretching, this class will challenge every dancer with the dynamics of motion and lively combinations.

Class environment is noncompetitive, and encourages every dancer to grow their style while staying true to the technique. This class is for dancers at every skill level, we make it a point to focus on having FUN. Beginners always welcome!

Class Fee: \$20 per month

Ages: 15 & up

When: Thursdays

Time: 5:00 p.m. – 6:00 p.m.

TECHNIQUE & COMBO DANCE

Technique is the basis of all fundamentals of dance, from maintaining body posture while performing, to executing skills properly in a routine. Strong technique is essential to building a foundation and a platform for improvement. It extends across all areas of dance, regardless of the style of your routine. Whether it's jazz, pom, hip hop, or kick, there is always an element of technique that can be improved upon.

In Technique & Combo class, students will work on Body Alignment, Pom & Kick Combos, Turns, Leaps and Jumps!

Class Fee: \$35 per month

Ages: 15 & up

When: Thursdays

Time: 6:00 p.m. – 7:00 p.m.

MODERN

Modern dance is an expressive style of dance that combines elements of several dance genres including ballet, lyrical and even jazz styles. Modern dance drives to connect our students mind and the body through flowing dance movement, as well as grow versatility and improvisation. Modern classes are offered for students at every level of dance, from beginner to advanced, teen to adult. Beginners always welcome!

Class Fee: \$25 per month

Ages: 15 & up

When: Thursdays

Time: 7:00 p.m. – 8:00 p.m.



CLOGGING

Clogging Instructor: Danna Holub

Class Fee: \$30 per month

Ages: 10 & Up

When: Mondays

Time: 7:00 p.m. - 8:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 213

Dana is a member of TTC - Texas Clogging Council and CLOG - The National Clogging Organization, Inc. She comes to Recreation with 15 years of experience. She is currently working on her certification of education in the CCI - Certified Clogging Instructor program. This class will focus on learning the basic beginner steps, drills, and basic clogging routines. This class will also include learning some line dancing techniques.

INSTRUCTORS NEEDED!

We are looking for anyone who may be interested in offering a special interest class, such as the classes you see listed in the brochure, or classes in which you possess an exceptional talent. If you are interested, please contact the Recreation office at 940-761-7490.



DRAWING & WATERCOLOR

Instructor: Cindy Lavy

Class Fee: \$30 per month

Ages: 10 & up

When: Thursdays

Time: 4:30 p.m. – 5:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215 (Art Room)

Sign up today and learn the basics of drawing and watercolor. Students will need to bring a sketchbook, color pencils, an eraser, and a clipboard (preferably plastic) and of course, bring your imagination! The class is taught by a Texas certified art teacher that is trained to teach from elementary to college level.

ACRYLIC PAINTING

Instructor: Chris Mayfield

Class Fee: \$35 per month

Ages: 12 & up

When: Wednesdays

Time: 6:00 p.m. – 7:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215 (Art Room)

Chris Mayfield has a BFA from Midwestern State University and is currently an art instructor for Wichita Falls High School. His class includes all levels of instruction and will focus on acrylic painting and drawing skill development.

AMERICAN LITERATURE OF THE 60'S & 70'S

Instructor: Elaine Dubray

Class Fee: \$65 per month

Ages: 16 & up

When: Mondays

Time: 5:30 p.m. – 6:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 204

Elaine Dubray has a Masters in Arts and has taught English I & II for 10 years in addition to teaching American Literature for 6 years.

This course objective is to obtain understanding of the historical context and cultural aspects of the tumultuous 1960's and 1970's, and how these decades have shaped the future of literature and society for generations to come. Writers emphasized Include: Betty Friednan, Bob Dylan, Norman Mailer, Anne Sexton, James Wright and Sandra Cisneros.



BEADWEAVING BEGINNER

Instructors: Tamara Allison

Class Fee: \$40 per month

Ages: 12 & up

When: Mondays

Time: 5:30 p.m. - 6:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 215

Tamara Allison earned her BFA in Metals and Jewelry at MSU. She has been published in a variety of how-to instructional bead weaving magazines and has been awarded a handful of prizes in national beading contests. She also taught a semester of continuing education metals and jewelry course at MSU.

This class will focus on the basics of beadweaving medium to get you started making your own jewelry creations. Each month, students will be able to explore a different technique and its applications. Examples are loom weaving, peyote stitch, right angle weave, herringbone stitch, spiral ropes and more!

KNITTING

Instructor: Traci Roberts

Class Fee: \$35 per month

Ages: 18 & up

When: Wednesdays

Time: 7:00 p.m. - 8:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 215

This class will focus on learning the basics of knitting to get you started on a wide variety of projects. Basics to include: cast on, knit stitch, purl stitch and bind-off. **Students will need to bring 1 set of knitting needles (size 9) and one skein of cotton yarn.**



Canine Courses

The Obedience Training Club of Wichita Falls offers a variety of classes through the City of Wichita Falls Parks and Recreation Department.

Orientation is for all Obedience Related Classes. Only one orientation is offered per session. Day time and night time classes will meet for orientation on the first Monday of the session at 6:30 p.m. Please do not bring your dogs to orientation. This allows students to meet with the instructors, turn in paper work, and ask any questions you may have.

All Classes held at 974 Spring Lake Rd.

Orientation Session 4: August 6th at 6:30 p.m.

Orientation Session 5: October 22rd at 6:30 p.m.

There will be no class on holidays

Dog Obedience Class Requirements for all the classes:

- All handlers must be at least sixteen (16) years of age.
- Puppies must be between 3-6 months of age.
- Dogs must be over 6 months of age.
- The handler must furnish current immunization records for all Puppies and Dogs attending any class. Immunization records must bear the signature and licensing information of the veterinarian who administered the immunizations. Note: Puppies under 4 months of age are not required to have a Rabies immunization.
- Handlers and dogs residing in the city limits of Wichita Falls must have a current city tag for the dog. Puppies under 4 months of age are not required to have a city tag. City tags may be obtained from the Animal Control Department located 1207 Hatton Road, Wichita Falls TX
- Dog Obedience and Puppy Training Classes can accept domestic canines only. NO Wolf Hybrids or Wolf Crossbreeds.



BEGINNER DOG OBEDIENCE CLASS

DOGS: 6 months & up

FEE: \$75 per dog per session

TIMES: Monday: 6:00 p.m. – 7:00 p.m. or Monday: 7:00 p.m.– 8:00 p.m.

Skills: Handler will learn a variety of training skills to help build a better relationship with their dog. Skills include: walking on a loose leash, teaching the dog to sit, down, and stay when asked. The handler will be shown humane ways to redirect unwanted behavior in their dogs.

Session 4: August 6th – October 1st

Session 5: October 22nd – December 10th

CANINE GOOD CITIZEN CLASS

Dogs must have successfully completed Beginner Dog Obedience to register for this class

DOGS: 6 months & up

FEE: \$75 per dog per session

TIME: Wednesdays: 6:00 p.m. – 7:00 p.m.

Bring dogs to first class and also bring a variety of soft small treats such as cheese, hot dogs, etc. The Canine Good Citizen Program is a two-part program that stresses responsible pet ownership for owners and basic good manners for dogs. All dogs who pass the 10-step CGC test will receive a copy of the test which may be submitted to the American Kennel Club, with appropriate fees, for an official CGC certificate.

Test 1 Accepting a friendly stranger

Test 2 Sitting politely for petting

Test 3 Appearance and grooming

Test 4 Walking on a loose lead

Test 5 Walking through a crowd

Test 6 Sit and down on command

Test 7 Come when called

Test 8 Reaction to another dog

Test 9 Reaction to distraction

Test 10 Supervised separation

Session 4: August 6th – October 1st

Session 5: October 22nd – December 10th



BEGINNER DOG OBEDIENCE CLASS FOR SENIORS

AGES: Handlers 50 years & up (Those unable to attend evening classes are welcome)

DOGS: 6 months & up

FEE: \$65 per dog per session

TIMES: Wednesdays: 10:00 a.m. – 11:00 a.m.

Skills: Handler will learn a variety of training skills to help build a better relationship with their dog. Skills include: walking on a loose leash, teaching the dog to sit, down, and stay when asked. Handlers will be taught how to direct their dog to wait at doors and gates until called and teach their dogs to ignore food or objects on the floor when told. The handler will be shown humane ways to redirect unwanted behavior in their dogs.

Session 4: August 6th – October 1st

Session 5: October 22nd – December 10th

PUPPY KINDERGARTEN

DOGS: 3 – 5 months

FEE: \$75 per dog per session

TIMES: Mondays: 6:00 p.m. – 7:00 p.m.

This class consists of eight weeks of basic kindergarten training for your puppy. This training uses only rewards and positive reinforcements for shaping the appropriate and desired behaviors from the puppy. Each week the instructor of the class will provide up-to-date information on a wide variety of health and behavioral issues.

Session 4: August 6th – October 1st

Session 5: October 22nd – December 10th

RALLY OBEDIENCE

REQUIREMENTS: Dogs must have successfully completed Beginner Dog Obedience Class

FEE: \$75 per dog per session

TIME: Wednesdays: 7:00 p.m. - 8:00 p.m.

Unlike regular obedience, instead of waiting for the instructor's commands, the handler and dog proceed around a course of designated stations with the dog in heel position. The course consists of 10 to 20 signs that instruct the team what exercise to perform.

Rally Obedience attendees can train for performance events which are sanctioned trials conducted by: American Kennel Club (AKC), United Kennel Club (UKC), and other dog groups. There are three levels of competition Rally Obedience: Novice, Advanced, and Excellent.

Session 4: August 6th – October 1st

Session 5: October 22nd – December 10th



THERAPY DOG PREPARATION (ADVANCED CLASS)

REQUIREMENTS: Dogs must have completed both a Beginner Dog Obedience Class and a Canine Good Citizen Class. In addition, the dog must have successfully passed the AKC Canine Good Citizen Evaluation prior to admission.

FEE: \$75 per dog per session

TIME: Tuesdays: 7:00 p.m. - 8:00 p.m.

Therapy dog preparation is offered for those interested in determining if their dog is a good candidate for becoming a registered therapy dog. Registered therapy dogs visit schools, nursing homes, and other care facilities to bring happiness to others.

Subjects will cover the reaction of the dogs to specialized equipment, the paperwork and testing required for registration, evaluating the dog's reactions to various stimuli, controllability, and manners to determine their suitability for safe visiting. The dogs will also be observed for their willingness to interact with other people and other dogs.

Attendees will be invited to visit with registered teams (without their dog) to observe protocols of visits. The instructors will inform the attendees about the different registries that offer registration to dog and handler teams. Information on how to have your dog officially evaluated is also provided.

Session 4: August 6th – October 1st (Course is only offered twice a year)

OBEDIENCE TRAINING CLUB OF WICHITA FALLS

President: David Hodges

Website: www.otcwf.org

Contact information: Connie Haschke @ 940-851-0694 / chdardar@aol.com

*If email, please reference "Dog Training" as the subject. *

Plan ahead for the following 2019 Dog Obedience sessions:

2019 First Session: January 7th – February 25th

2019 Second Session: March 18th – May 6th

2019 Third Session: June 3rd – July 22nd

2019 Fourth Session: August 5th – September 30th

2019 Fifth Session: October 21st – December 9th



Amateur Athletics

Players can register and submit their teams online at: wichitafallsathletics.com

*Coaches must register their team and roster online. Entry fees must be paid to the front office.

For more information call Travis 940-761-7497 or stop by the front office (600 11th Street, Room 209, Wichita Falls, TX 76301)

ADULT SOFTBALL

Entry Fee: \$285 if turned in before August 13th,
\$300 per team after deadline
Entry Deadline: Monday, August 13th
(NOTE: A late registration fee applies if turned in after this date.)
Season Begins: Week of Monday, September 17th

ADULT BASKETBALL

Take A Shot at It All!!
League for everyone! Men's Open,
\$350.00 per Team
W.F. Rec. Center, 600 11th St., Rm. 209
Entry Deadline: Monday, October 29th
Roster Deadline: Monday, November 12th
League Play Begins: Monday, November 26th

ADULT KICKBALL

Come Kick up your heels!!
Entry Fee: \$285.00 per team
\$300 per team after deadline
Entry Deadline: Monday, August 13th
Season Begins: Week of September 17th

ADULT VOLLEYBALL

Entry Fee: \$150.00 per team
\$175 per team after deadline
Entry Deadline: Monday, August 13th
Season Begins: Week of September 17th

ADULT FLAG FOOTBALL

Entry Fee: \$150.00 per team
\$175 per team after deadline
Entry Deadline: Monday, August 13th
Season Begins: Week of September 17th

PICKLE BALL

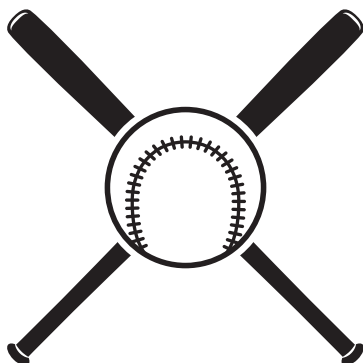
Entry Fee: \$2 per person
Mondays & Wednesdays 6 p.m. - 9 p.m.
Located at Jefferson Elementary Gym,
4628 Mistletoe Dr.
League play TBA.

ALL LEAGUE REGISTRATION IS DONE ONLINE

www.wichitafallsathletics.com

Sports information such as scores, schedules and rainouts, go to:

www.wichitafallsathletics.com



City of Wichita Falls Skate Park

Located on Maurine Street between I-44 and Sheppard Access Road.
Open 7 days a week from 8:00 a.m. to Midnight.
There are lights, water and restroom facilities available.

The state of the art park includes street fixtures such as stairs, rails, boxes and ledges as well as a variety of transitions and bowls ranging from 6 feet to 10 feet deep.

***Vandalism, graffiti, tagging, etc. will close this facility until repairs are made.

Disc Golf

Ages: All Ages

Fee: FREE!!

When: Seven Days a Week, Year Round

Time: All day and evening until Midnight curfew

Where: Lucy Park and Lake Wichita Park

Fun for all ages! The game is similar to golf except a disc resembling a Frisbee is thrown at a pole hole (a chain basket mounted to a pole). First come, first served. Users must furnish own discs.
The 18-hole Disc Golf Course at Lucy Park begins along Sunset Dr. adjacent to the Log Cabin.

The 18-hole course located in Lake Wichita Park (near the south end of Fairway Blvd.) begins south of the small shelter near the playground.



Athletic Complex Reservations

PRACTICE FIELD RESERVATION POLICY

The Parks & Recreation Department permits scheduled softball practice by organized softball teams registered in or desiring to register in Parks & Recreation Softball leagues. The following ball fields are available for practices for teams when fields are not scheduled for league play, tournaments, maintenance or at rest for turf recovery. These ball fields are designated "softball use only" facilities unless otherwise approved by the Director of Parks & Recreation.

The following ball fields are available for practices by any team for softball or baseball when fields are not scheduled for maintenance or special license use. Teams using these facilities must abide by all reservation & fee policies.

Scotland Park
Bridwell Park
Williams Park
Lock Lomond Park
Spudder Park
Jalonick Park
Lake Wichita Park 3 & 4
Softball Complex 1, 2, 3 & 4

The following facilities are available for practices by any team for soccer/football when not scheduled for extensive maintenance or special license use. Teams using these facilities must abide by all reservation & fee policies.
Lake Wichita Park 4 & 6



RESERVATIONS/RULES

A. Reservations for facilities must be made in person at the Recreation Office, room 209 of the Wichita Falls Recreation Center at 10th and Indiana. Office hours are 8:00am to 5:00pm, Monday through Friday. Softball/baseball practices are scheduled from the second full week of February through the last full week of November. Soccer/football practices are scheduled year round.

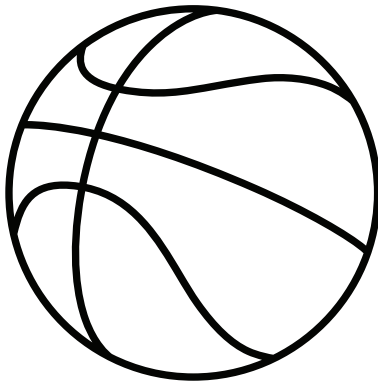
B. Teams will not be allowed to make more than two (2) reservations per week: one (1) during the week and one (1) on the weekend.

C. Reservations for any day of the week may be made Monday through Friday. Reservations for a Monday practice may be made on the previous Friday.

D. Practices are limited to 1 ½ hours. Practice times are as follows:
Weekdays 5:30 – 7:00pm, 7:00 – 8:30pm, 8:30 -10:00pm
Weekends 1:00 – 2:30pm, 2:30 – 4:00pm, 4:00 - 5:30pm,
5:30 – 7:00pm, 7:00 – 8:30pm, 8:30 -10:00pm

E. A fee of \$20.00 will be charged for the use of facility lights at the time the reservation is made. 5:30, 7:00 and 8:30 practices in January, February, March, November and December will be charged for lights. 7:00 and 8:30 practices in April and October will be charged for lights. 8:30 practices May through September will be charged for lights.

F. Practices unable to be held due to inclement weather or light failure will be rescheduled, providing your receipt and reservation slip are brought into the office within three business days from the time of canceled practice. (Practices will not be rescheduled by phone).



Trail Information

WICHITA RIVER TRAILS

This trail system has 4.37 miles of connected trails stretching along the Wichita River from Lucy Park to Williams Park. It is also connected to 1.55 miles of the Holliday Creek Trails. Starting in Lucy Park, you can travel all the way to East Scott Street and back, 12.8 miles round-trip. Along the way you'll find some of the most beautiful scenery in the city. Peaceful and serene wooded areas abound and are alive with color in both spring and fall. Wildlife such as white-tailed deer, squirrels, and all kinds of birds can often be seen. It's worth the walk just to smell the honeysuckle.

Trail Section Name:	Trail Beginning/End Points:	Distance (miles)
Lucy Park Circle	Within park itself	1.71
Falls Trail	Lucy Park to the Falls	0.43
2nd & Lamar Trail	Falls to 2nd & Lamar	0.50
O'Reilly Trail	2nd & Lamar to O'Reilly Park	0.44
O'Reilly-Williams Walk	O'Reilly Park to Williams Park	1.22

HOLLIDAY CREEK TRAILS

This trail system stretches from Lake Wichita to Williams Park. Trail goes can travel from Lake Wichita Park all the way to Williams Park (20.02 miles' round trip). Along this trail are great views of Lake Wichita wildlife and easy access to any number of neighborhoods along the way.

Both the Wichita River and Holliday Creek Trail system are part of the 25-mile Circle Trail Plan that can be seen on our web site at: www.wichitafallstx.gov.

Trail Section Name:	Trail Beginning/End Points	Distance (miles)
Lake Wichita Trail	Lake Wichita Park to Spillway	2.64
South Weeks Trail	Spillway to Southwest Parkway	0.85
Weeks Trail	Southwest Parkway to Midwestern Parkway	1.33
North Weeks Trail	Midwestern Parkway to Hamilton Park	0.74
Jacksboro Hwy Trail	Hamilton Park to Scott St.	2.90
Scott St. Walk	Scott St. to MLK Jr. Blvd	0.74
MLK Blvd. Walk	MLK Jr. Blvd to Harding St.	0.48
Harding St. Walk	Harding St. to Williams Park	0.33



TRAIL ETIQUETTE

To permit the highest enjoyment and safety for all please observe the following etiquette and ordinances.

- Etiquette suggests using the right side of the trail with higher speed trail users passing slower trail users at an appropriate speed on the left side of the trail by giving sufficiently advanced notice audible to the slower trail user, such as, "Passing on the left".
- Trail users riding bicycles, skateboards, roller skates, and roller blades shall yield the right-of way to pedestrians (Ord. 82-69).
- Dogs shall be controlled by a leash at all times and when passing other trail users dogs shall be controlled so as not to be able to reach or disturb fellow trail users (Ord. 14-236). Dogs shall be licensed (Ord. 14-66). • Dog excreta shall be immediately removed (Ord. 14-8). Dogs shall not be permitted to make an unreasonable disturbance to trail users by barking (Ord. 14-7).
- Motorized vehicles and horses are not allowed on trails with the exception of authorized City vehicles and motorized wheelchairs (Ord. 82-63).
- Posting signs and marking trail pavement is prohibited (Ord. 82-63).
- Wildlife along trails shall not be tormented (Ord. 14-382).
- Flowers, shrubs, and trees along trails within parks shall not be disturbed (Ord. 82-59).
- Alcoholic beverages are prohibited on trails within parks (Ord. 82-68)
- Trails within parks are closed from midnight to 5:00 a.m. (Ord. 82-67).
- Please report any observed violations immediately to the Police Department at 761-7792.



PUBLIC TENNIS CENTER

The City of Wichita Falls operates The Hamilton Park Tennis Center located at 3101 Hamilton Blvd. The center has a fully equipped pro shop and offers a variety of enriching programs for all ages and skill levels year round.

WEATHER PERMITTING, THE HOURS OF OPERATION SEPTEMBER THROUGH MAY ARE:

9:00 a.m. – 9:00 p.m. Monday through Friday

9:00 a.m. – 7:00 p.m. Saturday

1:00 p.m. – 7:00 p.m. Sunday

HOURS OF OPERATION JUNE THROUGH AUGUST ARE:

8:00 a.m. – 9:00 p.m. Monday through Friday

8:00 a.m. – 8:00 p.m. Saturday

1:00 p.m. – 8:00 p.m. Sunday

NOTE: Operating Hours will be adjusted to accommodate tournaments.

The CENTER WILL BE CLOSED ON Independence Day, Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day and Easter.

Hamilton Park Tennis Center

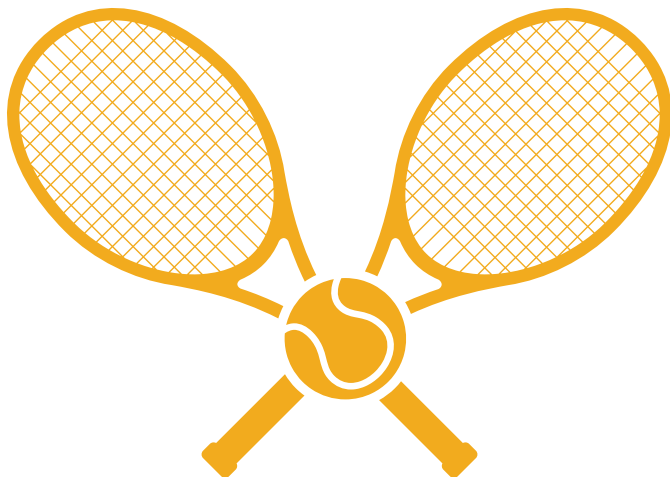
3101 Hamilton Blvd.

Johnny Simmons, Head Pro

(940) 766-2321

Court fees for 1 1/2 hours of play per person are: \$3

Annual Permit Fee \$100 and is valid for one year from the date of purchase.



Lucy Park Log Cabin

The 1,000 square foot Lucy Park Cabin may be rented by coming into the Parks & Recreation office, room 209, W.F. Recreation Center, 10th & Indiana, Monday - Friday, 8am. – 5 p.m. You must be a resident of Wichita Falls in order to rent the Log Cabin and bring proof of residence other than your driver's license (such as a utility bill). Renters must be at least 18 years of age. The cost of renting the cabin is \$60 for four hours and \$70 for the five-hour slot. There is also a \$115 clean up and key deposit that is refundable 7 to 10 days after inspection and key return. There is no stove or refrigerator in the cabin.

Rental timeslots are:

6:00 a.m. -10:00 a.m. \$60 rental
10:00 a.m. - 2:00 p.m. \$60 rental
2:00 p.m. - 6:00 p.m. \$60 rental
6:00 p.m. - 11:00 p.m. \$70 rental

Kemp-Sunnyside Center

Reserve in person: Recreation Office, 600 11th Street, Room 209 (2nd floor of the Wichita Falls Public Library).

The Kemp-Sunnyside Center is a reservable building in Jalonick Park perfect for business, public or personal activities. The center is used for meetings, parties, weddings, family reunions, and special events. The center has tables and chairs to accommodate 55 people. It also has two restrooms, and a kitchen, with refrigerator. The center may be reserved up to six months in advance and is available for rent seven days a week from 6:00 a.m. - 11:00 p.m.

Rental timeslots are:

Half Day Rental = up to 5 hours \$50
Full Day Rental = 6 hours, or more \$100.00
There is a cleaning deposit of \$100.00 and key deposit of \$15.00.

Location: 405 Walnut St., Wichita Falls, TX 76301



Park Picnic Shelters

The Parks & Recreation Department has picnic shelters with tables available for use by the public in many city parks. The City of Wichita Falls provides inquiry online. Facilities are reserved in 4 hour blocks at \$15.00 per block up to 3 blocks. Facility reservations are subject to department approval. Reservations can be made in person at W.F. Recreation Center, 10th & Indiana, room 209 or by phone with a credit card at 940-761-7490.

Hours of Operation:

Monday - Friday, 8:00 a.m. - 5:00 p.m. (except on observed holidays).

Check availability at:

www.wichitafallstx.gov/77/Reservable-Shelters

Alcohol permitted at Lucy Park #1 and Weeks Park ONLY!

Bridwell Park Shelter

Lake Wichita Park (Lake Shelter)

Hamilton Park Shelter

Kiwanis Park (Large Shelter)

Lucy Park (Shelter #1)

Lucy Park (Shelter #2 - Lucyland)

Scotland Park (Main Shelter)

Spudder Park Shelter

Weeks Park Shelter

Williams Park Shelter (Large Shelter)

Lamar Park Shelter

Jalonic Park Shelter



Registration

Sign Up & Register for Classes Online!

Go to www.wichitafallstx.gov and look under Parks & Recreation for activity sign-ups and pavilion reservations!

Charge It By Phone

Phone-in registrations can be accepted only if registration fees are being charged on Master Card or Visa. Phone-in registrations are for continuing students only and are taken Monday-Friday from 8:00am - 5:00pm. New students must sign up online or in person for liability waiver. Credit cards may also be used for athletic fees, special events, etc. When you call, please have the following information:

1. Class/Activity Title
2. Class Day & Time
3. Participant's name, address, home and work phone number.
4. Charge Card number and expiration date.
5. Name appearing on charge card.

Or Just Walk In

Students must register at the Recreation office in room 209, W.F. Recreation Center, 10th & Indiana, Monday - Friday, 8:00am - 5:00pm (except on observed holidays).

Policies and Procedures

In the case of continuous running classes, the following policy is enforced:

1. Class Fees: Fees are monthly or per session. No individual class rates available. We no longer charge for a trial class. We now offer a 1-time class observance at no charge.
2. Classes are now on a monthly rate, as opposed to an individual class rate. We no longer offer multi-class discounts or early bird discounts.
3. Refunds: A 75% refund can be made only on requests received three days before class starting date. No refunds after a class starting date except with a doctor's excuse or under circumstances as deemed valid by the Parks & Recreation Program Coordinator. 100% refunds made only in case of class cancellation. Participants may transfer from one class to another only if instructor is the same for both classes and has approved the request.

Instructors needed!

We are looking for anyone who may be interested in offering a special interest class, such as the classes you see listed in this brochure, or classes in which you possess an exceptional talent. If you are interested, please contact the Recreation office at 940-761-7490.

